

HUGGARD: DEVELOPING PEOPLE OUT OF HOMELESSNESS

THE OPEN DOOR • Y DRWS AGORED

HUGGARD

*Comfort, companionship, help and advice for homeless people of all ages
Cysur cwmniaeth, cymorth a chyngor ar gyfer pobl digartref*

HOW CAN YOU HELP US?

VOLUNTEERING

Huggard needs volunteers for a variety of roles within the organisation. Whether you feel able to help out in our kitchen, work in our day centre or help with fundraising and admin, we could do with your help. For further information contact our volunteer coordinator, Paul Williamson.

DONATIONS

At different times of the year our services and clients have a real need for clothing, underwear, toiletries, blankets, sleeping bags, mugs, towels etc. We have a constant need for items that can be used in food parcels for those in greatest need. If you, or a group you are involved in, are able to help, particularly at Harvest Festival and Christmas time, please contact our Administrator, Karen Holbrook.

HELPING TO RAISE FUNDS

If you are able to make a financial contribution to our work we would be more than pleased to hear from you. We can advise on payroll giving schemes that can enable employees to make tax free contributions directly from their salaries. We and our supporters also organise fund raising/sponsored activities throughout the year and we always welcome help from people wishing to take part and support our work. Volunteer fundraisers assist us in the office and in the past a single individual has raised ~ £1.5M. If you would like to get involved please contact our Chief Executive, Richard Edwards.

SPORTS & LEISURE ACTIVITIES

Do you have a hobby or interest that you would like to share with others? Our clients could benefit from your skills and experience. If so, contact Our Volunteer Coordinator, Paul Williamson.

ANNUAL CHRISTMAS SLEEP OUT

Our largest public fundraiser is our sponsored Christmas Sleep Out. This is an opportunity for groups and individuals to join us either on our sleep out in Cardiff or organise their own in a community, school or church hall to help raise money for our work. This is a real opportunity to show compassion and empathy for the many people who sleep rough each winter through no choice of their own. This is a tremendous learning experience for all involved. If you can join us please contact our Chief Executive, Richard Edwards.

If you would like to know more about our work, please do not hesitate to contact us at:

Huggard Centre, Tresillian Terrace
Cardiff, CF10 5JZ
Tel: 029 2034 9980 | Fax: 029 2023 0283
Email: post@huggard.org.uk

www.huggard.org.uk

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Charity Registration Number | Rhif Cofrestredig Elusen: 703074
Company Registration Number | Rhif Cofrestredig Cwmni: 2509188

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CURRENT SERVICES

THE DAY CENTRE

Providing the frontline for Cardiff's homeless services, our open door policy is the gateway to a wealth of opportunities for all individuals to find shelter, friendly support and advice, clothing, personal hygiene facilities, accommodation, recreation, development, voluntary opportunities and a hot meal all within a welcoming and encouraging atmosphere.

THE EMERGENCY BED UNIT

The emergency bed unit provides accommodation for 20 people every night of the year, giving individuals, who have come from the streets, a sense of self respect and a concept of future opportunity that can be nurtured through having their own room and structured support planned to meet their individual development needs.

THE NIGHT SHELTER

Operating throughout the freezing winter months, the night shelter gives respite from the harsh environment of street life for an extra 12 people per night. Permanently oversubscribed, this service is well appreciated by those who would otherwise be sleeping on the streets.

SUPPORTED HOUSES

Our network of supported housing provides 38 tenancies to individuals who have progressed through the frontline services and are now making steps to increase their independence with tailored housing support until they become able to sustain their own independent tenancy.

HELPING HAND HOMES

Getting back to work isn't easy so Huggard operates 14 additional places in shared houses which help individuals who are ready to move away from a high level supported tenancy towards a more sustainable lifestyle. Tailored support and guidance helps individuals to make the final transition into independent living.

TENANT SUPPORT

Many people struggle to maintain a roof over their head. Huggard believes that helping someone from becoming homeless in the first place stops them entering a cycle that can be hard to escape. Huggard provides tenant support for 16 individuals. This crisis intervention service helps maintain individuals in their own homes whilst addressing their diverse support needs.

HUGGARD



DEVELOPMENT OPPORTUNITIES

VOLUNTARY SERVICES

Huggard believes that all individuals have skills and abilities that can change people's lives. In Huggard homeless people do not just receive voluntary support, they also provide pensioners meals, paint local churches and complete widespread conservation works and river maintenance to benefit our wider community. We also have many volunteers from all walks of life helping to provide our vital services to homeless people.

DEVELOPMENT WORK

Many of Huggard's clients are not homeless simply because they do not have a roof over their head. The problems that our clients face are numerous and diverse. For many, who have experienced abuse and violence, there is a real need to learn how to build relationships with others. To this end Huggard provides structured social activities to help people develop their social skills. There is also a need to build upon these skills to encourage meaningful and occupational use of time. Huggard helps individuals gain qualifications and puts them on a path that may lead to employment. Huggard also organises challenging activities that stretch individuals to develop their decision making skills and to take responsibility for themselves and others.

ADVOCACY SERVICES

It is an unfortunate reality that many homeless people find it impossible to access services and exercise the rights that the vast majority of us take for granted. Huggard's advocacy service works to help individuals voice their needs and assists them to ensure that those needs are met. This service helps with access to health services, provides benefits and housing advice and assistance, and works with other agencies, through signposting and referral, to meet individual care needs. Advocacy helps to remove some of the barriers that stop individuals moving forward with their lives.

SUBSTANCE MISUSE SERVICES

Huggard is developing and implementing accessible services for a wide range of substance misusers initially helping them to engage in treatment without necessarily requiring a high level of commitment to more structured programmes or a complex or lengthy assessment process. This is achieved through both in-house service development and also through maximising opportunities to work in partnership with external agencies and treatment providers.